

Minnesota High School Symphony Performs for Kids at SHC - Chicago

We were recently blessed to have the Apollo High School Symphony Orchestra, St. Cloud, MN, performing for patients and guests here at SHC – Chicago. The Apollo High School Symphony is one of three orchestras at this high school. It currently has a membership of 70 students in this all-string ensemble (violins, violas, cellos and basses). The symphony has performed in the Chicago area every other year since 1999. This year, 56 students were on tour, with SHC - Chicago being one of their three performances sites. The Apollo orchestra participates in various community service projects each year, including a benefit concert for area food shelves, performances at retirement centers, and performances at schools that do not have such music programs. This year's Chicago tour also included seeing a performance by the Chicago Symphony, a theater production, and other famous Chicago attractions. The orchestra's performance repertoire at our hospital included a variety of music from different genres—from classical to folk songs. This was the symphony's third performance at Shriners Chicago hospital, and they hope to have the opportunity to perform here in the future. We are delighted that teachers, school administrators, and students have the commitment to share the fine arts with others and travel so far to share so much. We welcome the Apollo High School Symphony Orchestra at SHC – Chicago. Come again!



America's Eldest Citizen, a Montana Shriner, Closes a Long Career



GREAT FALLS, Mont. (AP) - Walter Breuning's earliest memories stretched back 111 years, before home entertainment came with a twist of the radio dial. They were of his grandfather's tales of killing Southerners in the Civil War. Breuning was 3 and horrified: "I thought that was a hell of a thing to say." But the stories stuck, becoming the first building blocks into what would develop into a deceptively simple philosophy that Breuning, the world's oldest man at 114 before he died on April 15, credited to his longevity. Here's the world's oldest man's secret to a long life: - Embrace change, even when the change slaps you in the face. ("Every change is good.") - Eat two meals a day ("That's all you need.") - Work as long as you can ("That money's going to come in handy.") - Help others ("The more you do for others, the better shape you're in.") - Then there's the hardest part. It's a lesson Breuning said he learned from his grandfather: Accept death. "We're going to die. Some people are scared of dying. Never be afraid to

die. Because you're born to die," he said. Breuning died of natural causes in a Great Falls hospital where he had been a patient for much of April with an undisclosed illness, said Stacia Kirby, spokeswoman for the Rainbow Senior Living retirement home, where Breuning lived. . . . But he stuck by his philosophy and kept working. He became the manager and secretary for the local chapter of the [Algeria] Shriners, a position he held until he was 99. Noble Bill Spurzem, Recorder at Algeria Shrine, reports to *Shrinelines* that Mr. Breuning was a "real character," had been an *Algeria* Shriner since 1951, and paid his latest Shrine dues on 1/11/11. *Algeria* staff member Jean Morrison, tells us that, until the last few weeks, Mr. Breuning got up every morning, put on his suit and tie, and took a stroll around the neighborhood surrounding his assisted living home in Great Falls. What a Noble! What a heritage he leaves!